**Roche Abbey Round Route – 2025**

**5. Laughton-en-le-Morthen to Anston 3.8 miles**

1. Leave the checkpoint and turn right to walk along the road. Continue along this quiet road passing a house and some rural buildings on your right. As you approach the junction with a main road look for the blue sign directing you to the “Old Mineral Line Trail”. Turn right as indicated and follow the tarmacked pavement that runs parallel with the road but then descends and eventually takes you down to the broad path that is the “Mineral Trail”.
2. Turn sharp left onto the trail and continue on passing under a short tunnel. The path is well surfaced and has trees to either side. Continue on passing a set of barriers and then further on a low black metal barrier gate. After this continue on in the same direction but you are now on a tarmacked access road.
3. After a further 200m go through a gap to the left of a gate. Continue on and follow the lane as it turns sharply left. You now have high metal fencing to either side of you with industrial buildings behind. After about 100m you reach a road. Here turn right to walk alongside the road which is part of an industrial estate.
4. As you reach a junction with the main road look for a safe place to cross and cross over to the other side of the road. Turn left and continue on the pavement. You will soon be crossing over a railway bridge. Very shortly after this look for the metal blue and green signs indicating a path and bridleway to your right. Follow this as directed towards Dinnington and North Anston.
5. Follow this path passing industrial buildings on either side. Reach a road and turn right but then almost immediately left to walk down another path passing the entrance to “United Caps”. Follow this path passing more industrial buildings until you reach a fork in the paths. Here take the left fork and pass through the metal kissing gate.
6. You are now on a broad path going gently uphill. After 100m or so you will see some information boards on your left and a path turning away to your right. Proceed up this right hand path with the information boards behind you. After about 100m take a left turn immediately before some post and wire fencing.
7. Walk on this obvious path as it turns to the right and then goes steeply uphill for about 50m. Reach a broad path that crosses the direction you are going in. Here turn left. Do not continue to the very top of the hill. The path becomes a limestone track and rises gently. At the top of the rise the path bends slightly to the left and after a short distance there is a hedge on the left.
8. Very soon the path starts to turn to the right away from the hedge. Here leave the path and continue straight ahead on the grass. Shortly you will meet another surfaced path. Turn left and follow this path
9. This path is now descending and in around 50m pass through a metal squeezer stile and turn right. You have trees and bushes to your left and open field behind wire fence on your right. At the point where the field on your right ends continue ahead and slightly right as you join a tarmac path.
10. After about 20m pass through a metal squeezer stile and turn left. You have metal fencing to either side. After 50m reach a road, Edinburgh Drive. Cross the road and take the path opposite.
11. This path has a high wooden fence on the left and trees on the right. When you reach a fork in the paths take the right fork and pass through a metal squeezer stile. You are now walking under large trees at the back of houses to either side. Path rises gently uphill.
12. At the top the path divides left and right. Turn right and go through a large green kissing gate. You now have a high wall on your right and tall bushes on the left. Pass by the end of a street and continue on the same path still with tall fences on the right. Reach a squeezer stile followed by another kissing gate. Pass through both and onto a path within a park.
13. Continue ahead on this path shortly passing a black metal bench on your left. Remain on this same path ignoring all paths left and right. Continue on passing to the right of all sports courts/pitches.
14. Shortly you pass a pavilion on your right then go through a car park by a children’s play area and then leave this area via another squeezer stile. Turn left and walk down the pavement on Quarry Lane. Pass Hall Close on your left and a parade of shops on your right.
15. As you reach level with the last of the shops cross the road and go down a narrow road called The Green. Continue past a grassed area and straight on to walk steeply down a path with metal hand rail. When you reach the next road, Main Street, turn right.
16. After 50m or so pass through a gap in the wall on your right and go down a few steps onto a street called The Wells. Turn left. Pass the stone water troughs on your left and continue to the end of this public road.
17. Come to where the road is signed as a private road then follow the public footpath sign to continue on in the same direction with the path running parallel with the private road. At the end of this path turn left onto the road and continue between modern stone houses on Wells Garden Walk.
18. At the end of this road turn right and then left onto Bennet Croft and on to meet the main road. Here cross the road **with care** and turn right. Pass Anston Brook Primary School on your right. Then just after the pedestrian crossing turn left following the sign to the Parish Hall.
19. After 100m or so turn left and head up towards the Parish Hall where you will see the next Checkpoint in the car park

**This is Checkpoint 5**