

Boot and Shoe, Grassmoor to Palterton Village Hall – 6 miles

1. On leaving the Boot & Shoe, cross over the road to Birkin Lane following the road sign to Temple Normanton and Grassmoor Country Park. Walk down the path on the right hand side of the road for about ¼ mile.
2. On leaving the houses on your right, the footpath ends. Cross over the road and continue along the road on the opposite side of the road heading towards a bridge. At the foot of the bridge where there are national speed limit signs, bear left onto a footpath which follows alongside the road. Keep the hedge to your right, continue straight ahead.
3. After about 80 yards take a right turn in the path, 90° right going under the bridge. Continue upwards along this trail marked 5 Pits Trail and National Cycle Network 67.
4. Continue along the trail until you meet another track. Here bear left. The path immediately splits - take the left hand track walking with a small lake on your right.
5. After a further ½ mile, the track bears left. Continue along the track. Shortly after, the path goes under a road bridge and continues to the left hand side of a new housing development. To the left of the path there are more units separated from the trail by a metal fence.
6. After 200 yards there is a fork in the path. Take the right hand fork, Williamthorpe Nature Reserve. Continue again pass a sign which says "Caution Steep Slope" and the track bears left, to the left of a wooden seat. The track bears right, comes down across a footbridge, and crosses another path.
7. Continue straight ahead, climbing back up the other side of a small valley. At the top of the hill the track bears right, crosses another track. Continue straight ahead along the Five Pits Trail, Holmewood.
8. Just before a footpath sign by a bench, take a left hand turn in the path along a small grass track which heads towards the left hand side of some houses ahead. The path bears left then right and then continues straight ahead towards a road.
9. Continue along the track, keeping the houses to your right. Cross over the road and continue up the field opposite, keeping the hedge on your right. Walk beside an old stile and along the side of the fields until you reach the bottom field. Follow the hedge which sweeps left for about 15 yards to find a wooden stile on the right. Cross the stile.
10. Join a lane with a stone wall on the right and continue down to the road. On reaching the road, bear left and walk through the village until you reach a sharp left hand bend.
11. At the bend cross the road carefully and take the public footpath opposite which runs beside Chestnut Cottage on your left. Drop down to walk to the left of a metal gate, the track bends right and left and crosses over the Heath Bypass.
12. Over the bridge, carry straight on with a pylon to your left and the track turns into a farm track. There is a view of Bolsover Castle in the distance just over to your left. The track drops down towards the motorway, going round the fields, bearing left and then right.
13. At the next field the track swings left and then right through a gap in the hedge. At the bottom of the next field go through a gap in the hedge with the motorway in front of you. Walk across this field at 45 degrees left to find a short way marker.

14. Bear left towards the corner of the field, with a wooden fence on your right, towards a copse. In the corner of the field turn right and go through a tunnel under the motorway. Carry straight on along the well-defined footpath across the field opposite.
15. Carry on through to a gap in the hedge opposite where the track bears left towards a stile. Cross the stile over a small footbridge. Go over the next stile and follow the directional arrow looking for a small footbridge on your right over the river rother.
16. Cross the footbridge and walk across the small field bearing slightly to your left looking for a gap in the fence opposite, you will know you have found it as there are 2 capping stones about 2 feet square to step on. Cross to a fence opposite and over another stile.
17. Bear slightly left to a stile in the fence opposite. Cross over this stile, across a dismantled railway line to a stile opposite. Here walk up the field with hedge on your left. Keep straight on uphill with the hedge on your left.
18. Where the hedge bears away 90° to the left, carry straight on across the field towards the far corner on the left. Where the hedge rejoins the track in front of you carry straight on, again keeping the hedge to your left towards the corner of the field.
19. At the corner of the field, the track bears left through the trees to a gate pass through and then turn 90 degrees right. Head straight across the centre of the field uphill to the far corner, past a small grassy knoll. The grassy knoll is covering a manhole cover - there is another one further up the hill and you should be able to see a gate in the fence.
20. Go through the gate, continue following the obvious path to the top right corner of the field where there is a wooden gate hidden by a bramble bush. Go through the gate and bear left up a track towards Palterton
21. On reaching a track running across you, follow it left until you reach the road. Cross the road and walk up Pennine View which is on your right. Walk to the left of Pennine View where you will find a cut through in the right corner. Take the cut through to emerge on the road opposite a bus shelter. Turn left along the road and the **Palterton Village Hall checkpoint is 100 yards on the right.**