

Section 1 --- Millers Dale Old Station to Calton Lees ----- 9.4 miles

- 1) Walk past the Old Station to join the railway line. Turn left, signed Monsal Trail, Litton Mill, Bakewell. Follow the Monsal Trail for 6.6 miles, ignoring any footpaths off to the right or the left, until you reach Old Bakewell Station. You will pass through 3 tunnels on the way, Litton, Cressbrook and the last being at Monsal Head (Headstone Tunnel). Continue ahead on the trail past the station for a further 400 metres until you approach a bridge.
- 2) Just before this bridge turn left and walk up the steps to the gate. Pass through the gate onto the bridge. Here turn left and walk up the well-defined path with wire fence to both sides and waymarked by the yellow arrow crossing Bakewell Golf Course and continuing straight ahead towards a wood. After crossing the golf course continue into the wood - the footpath is well marked and well defined. The footpath after a short while swings right and starts to work its way uphill through the wood (there are two large well rotten fallen trees just at the point you turn right.) Ignore the path off to the right and carry straight on upwards climbing steeply between the trees. Two-thirds of the way up the hill just past a concrete bunker a path crosses you - your route is still upwards towards the wall at the top of the hill. Continue upwards, using the stream as your guide, which leads you to a stone wall with a gate.
- 3) Pass through the gate and bear 45° right, walking along a well-defined path to the right of some trees on the horizon. Continue past the trees to a gate in the fence immediately to the right of the pond. Pass through the gate and bear left to another gate in the fence at the far end of the pond and follow the yellow and blue arrow. At this gate pass through and bear 45° right and continue walking in the direction as indicated by the arrow down the middle of the meadow, steadily downhill,. As you are walking down this meadow, you reach a gate to the left of a large wooden gate. Pass through and continue straight ahead. You now have a walled wood to your right. After a couple of hundred yards the wood sweeps down to the right and you continue straight ahead down the middle of the meadow and the path actually starts to swings round to the left. You are now heading towards a barn. Just before reaching the barn the path takes a positive left turn, 90° up to a gate. This left turn is marked by a footpath sign. Pass through the gate and continue along the track through the wood. This track is walled on either side. This track swings left and drops downhill to a gate.
- 4) 4) Pass through the gate - look 90° right in relation to the closed gate and you will have a wonderful view of Chatsworth House and Hunting Lodge. Turning 45° right from the closed gate you are heading straight downhill towards a marker post 100 metres ahead of you. Continue past this, downhill towards a simple wooden bench beneath a tree a further 100 metres down the hill. Turn 45° right and drift gently towards the road to meet some blue gates by the road after about 800 metres. Whilst traversing this hill in the distance you can see the ridge which is the edge of Beeley Moor, a part of which you will be crossing shortly. On reaching the road, pass through the blue gates on to the clear wide track and head into the car park, keeping the main road on your left.

This is your first checkpoint.